

## **What is Traumatic Birth Syndrome?**

TBS is a condition in which the spine is injured during or shortly after the delivery process resulting in nerve system damage or interference. In clinical Chiropractic terminology, TBS includes any birth injury causing the Vertebral Subluxation Complex. It is typically found in the infant's neck and occasionally in the mid and lower back. Occurrences of this disorder are found when:

- The head, neck or any other part of the spine and pelvis of the infant have been pulled and twisted during the birth process
- The birth process is prolonged
- The delivery process is difficult
- Extraction aids are used during deliver (i.e. forceps, vacuum, etc. )
- The child is delivered by Caesarean section

For TBS to be present there must be damage to the spinal column and local nerve system. Injuries resulting in TBS may go unnoticed during the trauma of the delivery process. TBS may be painless in about 95-97% of infants and adults. The patient, therefore, cannot rely on pain as a sign of the condition. An examination by a Chiropractor is the only way to determine the presence and severity of TBS.