

The Vertebral Subluxation Complex

As with any serious condition, the Vertebral Subluxation Complex has several parts of components: (Unfortunately, clinical observations reveal that about 95% of cases of the Vertebral Subluxation Complex cannot be felt by the patient, so how you feel has little to do with the presence of the Vertebral Subluxation Complex.)

1. The first component of the Vertebral Subluxation Complex is **Spinal Kinesiopathology**. This occurs when the small joints of the spine “**sprain**.” When this happens, according to Dr. Jan Jirout, Medical Researcher, these injured joints heal incorrectly, either too loose (hypermobile), too tight (hypomobile), or misaligned.
2. When that happens, Dr. I.M. Korr, Medical Researcher, tells us that **Neuropathophysiology**, the second component, occurs. This is when the joints that have been injured and have healed wrong **pinch or irritate** the spinal nerves, interfering with the flow of nerve impulses from the brain to all parts of the body—the Vertebral Subluxation Complex is developing.
3. When this happens, Dr. Kirkaldy-Willis, Medical Researcher, indicates that **Myopathology** occurs, the third component. The pinched or irritated nerves cause the spinal muscles to become **weak** or develop into **muscle spasms**. This is when local inflammation and scar tissue in the spinal muscles first begins to develop, “sticking” your spinal muscles together, causing your spinal muscles to function abnormally throughout your life.
4. When that happens, Dr. Alf Brieg, Medical Researcher, indicates that **Histopathology**, the fourth component occurs, causing wide spread **spinal inflammation** and **scar tissue** throughout the spine. Soft tissue becomes swollen, scar tissue continues to develop at an accelerated rate, and all the tissues of the spine start to break down.
5. When this occurs, according to Dr. Lee A. Hadley, Medical Researcher, the fifth component, **Pathology**, develops in the spine.

The physical, mental and chemical stresses of life results in abnormal spinal function in the form of back pain, spinal degeneration, injury and interference to the nerves. Abnormal spinal function with nerve interference leads to abnormal body function, tissues and joints get sick, organs get sick, body systems get sick, and eventually your entire body gets sick. The end result

is that your body becomes weakened on every level and is forced to contract diseases it would not normally get.

However, once correction of the Vertebral Subluxation Complex begins, the function of all the life support systems of your body can improve on every level...every time. Yes, correcting the Vertebral Subluxation Complex will produce better health every time...will reduce diseases and infirmities every time...will increase your physical, mental and social well being every time.